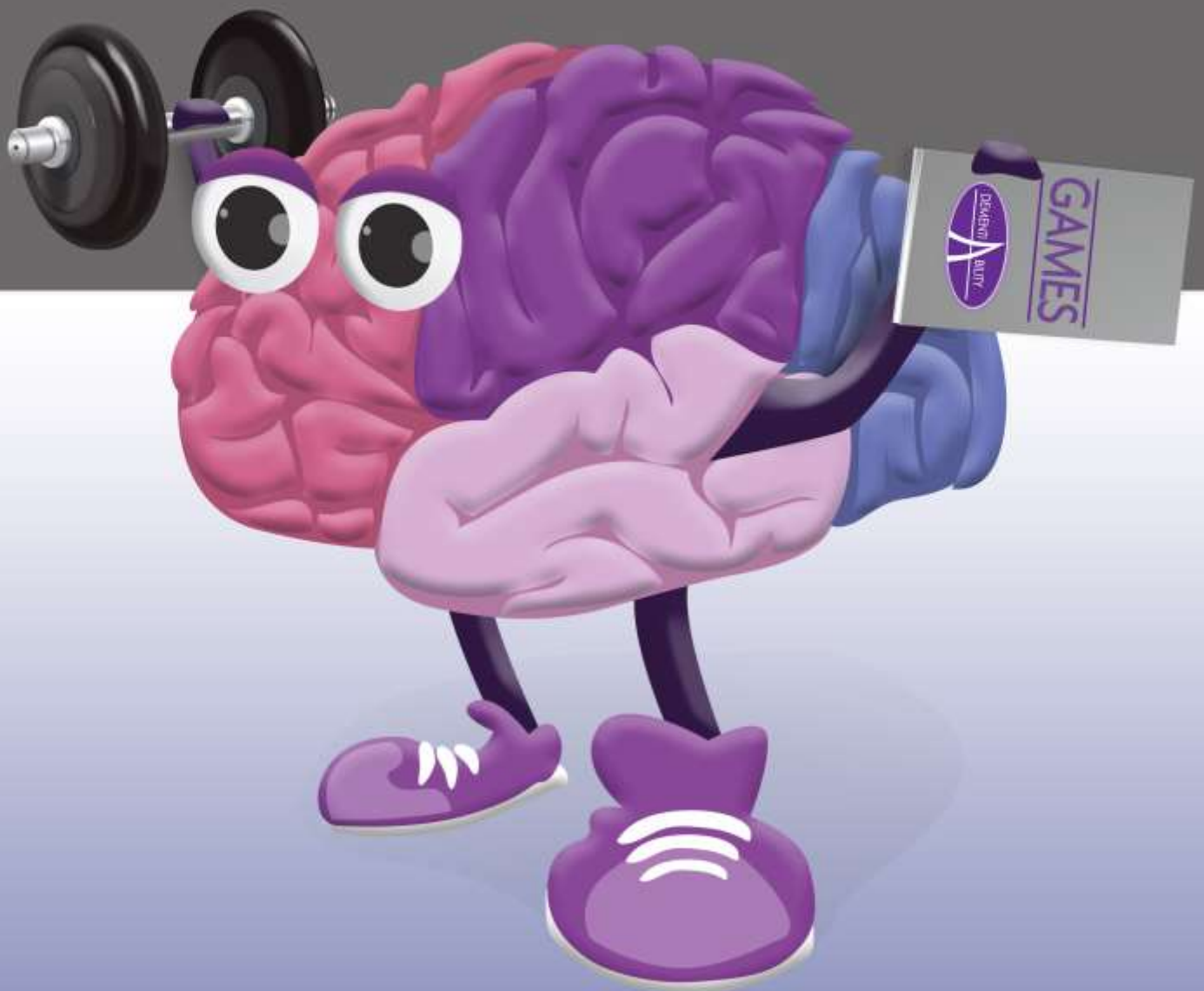


TRIVIA QUESTIONS

# The Work It Series

SHAPING THE NEUROPLASTIC COGNITIVELY IMPAIRED BRAIN



GAMES FOR COGNITIVE STIMULATION

## About This Book

The 'Work It' series has been created to provide opportunities for people with dementia to stimulate their brains. In other words, let's 'work it'! Much of the decline that we see in dementia arises due to disuse. Research on the neuroplasticity of the brain, and on excess disability, clearly indicates that cognitive capacity can be enhanced when the brain is stimulated. Using DementiAbility Methods: The Montessori Way™, the emphasis is placed on presenting the activity to a person at his or her level of ability. The trivia questions in this booklet reflect a wide range of interesting and entertaining subjects. The answers are presented on the bottom of each page.

This book provides just one set of games in our 'Work It' series. Be sure to check out our other titles including MATH MASTER, SPELLING QUEST and WORD SEARCHES. We also have the 'Carry on Reading' series, which are books that have been created in large print for people with dementia.



Work it and have fun!

Sincerely,

Gail Elliot

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1. Who was the first Prime Minister of Canada?
  - (A) Jean Chretien
  - (B) Sir John A. Macdonald
  
2. Who sang the song "Over the Rainbow"?
  - (A) Bob Dylan
  - (B) Judy Garland
  
3. What is the sweet substance made by bees?
  - (A) Honey
  - (B) Sugar
  
4. Who played Marty McFly in the movie 'Back to the Future'?
  - (A) Billy Bob Best
  - (B) Michael J. Fox
  
5. In the 1972 Summit Series, who scored the winning goal when Canada beat the Russians at hockey?
  - (A) Paul Henderson
  - (B) Big Bird
  
6. What is a group of lions called?
  - (A) A pride
  - (B) A guess

7. Who played the lead character in the movie 'Tootsie'?
- (A) Dustin Hoffman
  - (B) Buddy Holly
8. What does DVD stand for?
- (A) Digital Video Disc
  - (B) Dirty Vacuum Display
9. What type of juice is commonly consumed at breakfast?
- (A) Orange Juice
  - (B) Beet Juice
10. Who was the first female Prime Minister of England?
- (A) Betty Boop
  - (B) Margaret Thatcher
11. What musical group was Michael Jackson in as a child?
- (A) The Jackson 5
  - (B) The Beanie Bops
12. What are 'Cabbage Patch Kids'?
- (A) Dolls
  - (B) A right wing political movement

13. Which of the following are fast food restaurants?  
(A) Petro Canada and Esso  
(B) McDonalds and Wendy's
14. Who sings 'My Heart Will Go On'?  
(A) Celine Dion  
(B) Ray Bans
15. What is an iPod?  
(A) An electronic device that plays music  
(B) A pocket protector for pens
16. What are you doing when you are using a rod, reel, net, hooks and bait?  
(A) Branding a cow  
(B) Going fishing
17. Coconut trees grow better in what type of climate?  
(A) Warm climates  
(B) Cold climates
18. Who created Microsoft, the computer company?  
(A) Yogi Bear  
(B) Bill Gates

19. Who was the first person to walk on the moon?  
(A) Neil Armstrong  
(B) Tom Jones
20. Who is most famous for wearing the number 99 on his hockey jersey?  
(A) Scooby Doo  
(B) Wayne Gretzky
21. What are the names of the members of the Beatles?  
(A) George Harrison, Paul McCartney, John Lennon & Ringo Starr  
(B) Bing Crosby, Still Going and Going Strong
22. How old was Princess Elizabeth when she became Queen?  
(A) 60 years old  
(B) 25 years old
23. Who was the first female Prime Minister of Canada?  
(A) Betsy Mulroney  
(B) Kim Campbell

24. What colour is a maraschino cherry?  
(A) Red  
(B) Black and yellow
25. Who was John F. Kennedy married to?  
(A) Mary Hefner  
(B) Jacqueline Kennedy
26. In 1957, Elvis Presley made a controversial appearance on what television program?  
(A) The Ed Sullivan Show  
(B) Bonanza
27. Who starred in 'Some Like It Hot' and 'How to Marry a Millionaire'?  
(A) Chevy Chase  
(B) Marilyn Monroe
28. What famous musician died in a plane crash on February 3<sup>rd</sup>, 1959?  
(A) Joe James Jenkins  
(B) Buddy Holly

29. Which brand of cereal goes, “Snap! Crackle! Pop!” when you add milk?
- (A) Oatmeal
  - (B) Rice Krispies
30. What New York Yankee slugger was once married to Marilyn Monroe?
- (A) Joe DiMaggio
  - (B) Tiny Tim
31. On what television show was Archie Bunker the lead character?
- (A) Long Nights
  - (B) All in the Family
32. Which one of the following is a favourite flavour of potato chips?
- (A) Sour cream and onion
  - (B) Coffee
33. Who wore number 9 for the Detroit Red Wings hockey team?
- (A) Gordie Howe
  - (B) Tim Conway



34. Who was Batman's partner in fighting crime?  
(A) Robin  
(B) Teddy Bear
35. In what year was the current Canadian flag, featuring the red maple leaf, introduced?  
(A) 2011  
(B) 1965
36. Queen Elizabeth became Queen in what year?  
(A) 2010  
(B) 1952
37. What theme park first opened in 1955?  
(A) Monkeyworld  
(B) Disneyland
38. Who sang 'Ring of Fire'?  
(A) Johnny Cash  
(B) Shirley Temple
39. What utensils are usually set on a table?  
(A) Toothbrush, scissors, tweezers  
(B) Fork, knife, spoon

40. Why was 1967 such an important year for Canada?  
(A) It was when maple syrup was invented  
(B) It was the country's centennial birthday
41. Who replaced John F. Kennedy as President of the United States following his assassination?  
(A) Lyndon B. Johnson  
(B) June Lockhart
42. What was the name of the first successfully cloned animal?  
(A) Dolly  
(B) Batman
43. Who sings the song 'Snowbird'?  
(A) Anne Murray  
(B) Bill Faith
44. Who played the character of Jack on the hit show 'Three's Company'?  
(A) Bob Hope  
(B) John Ritter
45. What sport did Babe Ruth play?  
(A) Chess  
(B) Baseball

46. Which one of the following songs did Elvis Presley sing?
- (A) Love Me Tender
  - (B) When You Wish Be Sure to Dream
47. Who played the television character Archie Bunker?
- (A) Carroll O'Connor
  - (B) Tim Trunk
48. What was Sir Frederick Banting most famous for?
- (A) Catching a ball
  - (B) Discovering insulin
49. What do people usually add to their coffee or tea?
- (A) Ketchup
  - (B) Milk
50. Who was the leader of 'The Rat Pack'?
- (A) Penny Marshall
  - (B) Sammy Davis Jr.
51. What are the names of the Three Stooges?
- (A) Larry, Curly and Moe
  - (B) Yabba, Dabba and Doo

52. Is Niagara Falls one of the 7 natural wonders of the world?
- (A) Yes
  - (B) No
53. Who played the character of Samantha on the television show 'Bewitched'?
- (A) Clare Danes
  - (B) Elizabeth Montgomery
54. What fruit is round and often red in colour?
- (A) An apple
  - (B) A pear
55. Who did Snow White live with when she went into the forest?
- (A) A hunter
  - (B) The Seven Dwarfs
56. Before creating his famous restaurants, what was Tim Horton's career?
- (A) Janitor
  - (B) Professional hockey player

57. What was named the 50<sup>th</sup> state of America in 1959?
- (A) Ontario
  - (B) Hawaii
58. Who played 'The Joker' in the original 'Batman' television series featuring Adam West?
- (A) Cesar Romero
  - (B) Donny Doolittle
59. In 2004, why was Tommy Douglas declared 'The Greatest Canadian'?
- (A) He had 10 children
  - (B) He is considered to be the father of Medicare
60. What is the capital city of Canada?
- (A) Ottawa
  - (B) Barrie
61. Which type of soft drink is dark brown?
- (A) Coca Cola
  - (B) Soda Water

62. What are common treats for Christmas/holiday baking?
- (A) Chopped spinach and cabbage
  - (B) Gingerbread men and shortbread
63. Scarlett O'Hara and Rhett Butler are characters from what famous movie set during the American Civil War?
- (A) Gone with the Wind
  - (B) The Little Pumpkin
64. What is a group of whales called?
- (A) A flock
  - (B) A pod
65. Where can you find the Pyramids?
- (A) Antarctica
  - (B) Egypt
66. In what movie did Judy Garland sing "Over the Rainbow"?
- (A) The Wizard of Oz
  - (B) Breakfast at Tiffany's

67. Where would you be if you were standing under the Eiffel Tower?
- (A) Paris
  - (B) Tokyo
68. What is the fastest land animal?
- (A) The cheetah
  - (B) The panda bear
69. Who was the Lone Ranger's sidekick?
- (A) Victor
  - (B) Tonto
70. Who sang the song "What a Wonderful World"?
- (A) Jimmy Jones
  - (B) Louis Armstrong
71. What are the 2 official languages of Canada?
- (A) English and French
  - (B) Italian and English
72. What country is known for bagpipes, kilts and haggis?
- (A) Mexico
  - (B) Scotland

73. What famous author wrote such classics as King Lear, Macbeth and Romeo & Juliette?
- (A) Shakespeare
  - (B) Ernest Bert
74. In the show “Our Gang”, also known as “The Little Rascals”, the boys formed what club?
- (A) The American Dog & Cat Club
  - (B) The He-Man Woman-Haters Club
75. What is the jive?
- (A) A dance style
  - (B) A practical joke
76. When you want to lose weight, what should you do?
- (A) Exercise more and eat less food
  - (B) Eat more food and watch television
77. Who is famous for saying, “Float like a butterfly, sting like a bee”?
- (A) John Wayne
  - (B) Muhammad Ali
78. Complete this phrase: It’s raining...
- (A) Cats and dogs
  - (B) Knives and forks



79. Red, yellow, blue, pink and purple are colours you would find where?
- (A) In a traffic light
  - (B) In a rainbow
80. Around 1850, tens of thousands of people headed to California in search of what?
- (A) Gold
  - (B) A vacation filled with fun in the sun
81. Where did the Olympic Games originate?
- (A) Antarctica
  - (B) Greece
82. What does a thermometer measure?
- (A) Sound waves
  - (B) Temperature
83. The gemstone ruby is typically what colour?
- (A) Red
  - (B) Turquoise
84. If little girls are made of “sugar and spice and everything nice”, what are little boys made of?
- (A) Snips and snails and puppy-dogs’ tails
  - (B) Rocks and candy and sandcastles

85. According to Mary Poppins, what will a spoonful of sugar help with?
- (A) It helps you to run faster
  - (B) It helps the medicine go down
86. We use the terms breeze and gale when we are describing the speed of what?
- (A) Running
  - (B) Wind
87. Who are the two hosts of hockey's 'Coach's Corner'?
- (A) Opie and Anthony
  - (B) Ron MacLean and Don Cherry
88. Who created the computer company called Apple?
- (A) Steve Jobs
  - (B) Bugs Bunny
89. Gouda, Havarti and Swiss are types of what?
- (A) Cheese
  - (B) Sports cars
90. What singer left his heart in San Francisco?
- (A) David Lee Roth
  - (B) Tony Bennett

91. *“Who shot J.R.?”* was the catchphrase to promote what television series?  
(A) Chicago  
(B) Dallas
92. Which country is closer to the equator?  
(A) Mexico  
(B) England
93. Where do Grover, Oscar, Ernie and Bert live?  
(A) In Cleveland, Ohio  
(B) On Sesame Street
94. What do people hope to find at the end of a rainbow?  
(A) A pot of gold  
(B) Chocolate
95. Why don't people in Ontario want the groundhog to see his shadow on February 2<sup>nd</sup>?  
(A) It might frighten him  
(B) It means 6 more weeks of winter
96. Which sport is not in the Summer Olympics?  
(A) Lawn Darts  
(B) Swimming

97. What beats a pair of Aces when you're playing poker?
- (A) A full house
  - (B) A two and three of hearts
98. What piece of equipment do doctors use to listen to your heart and lungs?
- (A) A stethoscope
  - (B) A standiscope
99. What kind of bird do we typically think of as being the wisest of them all?
- (A) A peacock
  - (B) An owl
100. In the story of Alice in Wonderland, who did Alice follow down the hole?
- (A) A leprechaun
  - (B) The White Rabbit



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