

## Activities for Residents-Ottawa

1. For "fashionista"- bring up rack from laundry room of lost and found items- plan a fashion show
2. For the cook- crockpot Tuesday- wash the items, slice, make a meal- bake it, measure, put things in mason jar
3. Everyone presents a "remember when" story then gives a visual
4. "The gardener"- watering plants
5. Making a t-shirt with dye
6. Washing clothes- hang on drying rack
7. Social tea time
8. Shoe lace necklaces with fruit loops
9. Sort nuts and bolts
10. Padlocks and keys- find the match
11. Screwdriver board
12. Shred the paper
13. Cutting paper
14. Bag making, tie ribbon, put on elastics and decorations
15. Fun fact of the day
16. Daily chronicles
17. In the news (Xtra Xtra)
18. Random trivia
19. Jeopardy trivia
20. Scrap booking, choose pictures, patterns, textures, cutting, gluing
21. Write cards
22. Old mechanical tools to take apart and put together
23. Open up the blinds in rooms
24. Organized bowling
25. Handyman sort (screws, bolts etc.)
26. Put batteries in flashlight
27. Take apart common household items and put back together
28. Log maker-roll newspaper and make logs
29. Joke of the day, weather of the day at dining room table
30. Assemble welcome baskets for new comers
31. Buddy system for new arrivals
32. Put residents in charge of bingo
33. Mystery box- what's in it and match it to a card
34. Make a doll house- sand and paint
35. Hairdresser model- practice doing each others hair
36. Pair residents for hand massage (free downloads from DementiAbility)
37. Copy photos of family, photo copy, laminate, cut into pieces and make a puzzle
38. Connect the PVC pip- sort colour and size, fit together, follow a pattern and create
39. Train set/car- set up a map to make a village, make houses, trees etc. someone sets up each day

40. Cleaning a mirror
41. Bingo in English and other languages for practice- someone to hand them out, someone to clean the cards after
42. Mass- spiritual readings, hand out literature, assist with portering
43. Newspaper/mail delivery
44. Tag along- resident pushes carts (of say incontinence products) while staff deliver to rooms
45. Painting- assist maintenance with patching/painting walls in hallways/rooms
46. Cookies in a jar- put ingredients in a jar and use or sell
47. Cut out Dear Abby and use as a discussion topic