



THE HOW IS IN THE WOW!

**A framework
for putting
DementiAbility
Methods into
practice!**

Who?

Who is/was this person?
What do you know – past & present?
Consider: Needs – Interests – Skills – Abilities.

Observations

**WHAT IS HAPPENING? WHY? WHEN IS IT &
WHEN IS IT NOT HAPPENING?**

What are you going to do?

**ROLES – ROUTINES – ENVIRONMENTAL
SUPPORTS - SOCIAL CONNECTIONS –ACTIVITIES**

Follow the principles. Focus on adding meaning and purpose – take needs, past and present interests, skills and abilities into account. Support the person in a prepared environment with cueing (for finding their way, finding things and completing tasks) and provide opportunities to do for self. Add meaning by providing roles and having things to do (and that these things are available and accessible).

Body, Mind & Spirit

