

Who can be Certified in DementiAbility Methods: The Montessori Way™?

Please read the following pages carefully to ensure you have completed all requirements before attending a certification session. You must have completed a 2-day workshop on DementiAbility Methods: The Montessori Way™ within the last 2 years. If you took the workshop more than 2 years ago please contact: Gail Elliot at gail.elliott@dementiability.com to discuss eligibility.

What are the requirements for becoming Certified in DementiAbility Methods: The Montessori Way™?

If you **can check each point off in the list below** you are ready to register for a Certification session.

1. I have taken the 2-day workshop on DementiAbility Methods: The Montessori Way™ within the last two years.
 - a) I have successfully assessed/learned about the client (Who) (I may have filled in an “All About Me” form, filled in the Needs form and filled in the Interests and Abilities forms.
 - b) I have made important observations (O), and recorded in the Personal profile form.
 - c) I have created programming based on what I know and see.
 - d) I have recorded outcomes – evaluated what I have done – and, using the principles, adjusted the level of program to connect to needs, interests, skills and abilities.
2. I have downloaded the template for DementiAbility Methods: The Montessori Way™ Certification from the DementiAbility website at www.dementiability.com and filled in all the forms provided.

3. I have worked with 3 people with dementia/cognitive loss as per the following:

a) I completed the Vision and Reading Screen for each person that is literate.

b) I filled in a Participant Profile for each person.

c) I filled in an All About Me form for each person.

d) I summarized my findings in a WOW form (thus providing a summary of observations and plans to share with colleagues).

e) I worked with each person for a minimum of 10 sessions each.

i) I made sure I considered the 3 D's (dementia, depression and delirium) and addressed issues or reported issues.

ii) **NOTE:** The focus of each intervention is on meeting needs of the client/resident according interests, skills and abilities, using the Montessori Principles. The purpose of Certification is to clearly demonstrate you know how to use these Methods. Therefore, PLEASE be creative when creating programming.

PLEASE DO NOT SELECT watching television or listening to the radio or going for a walk unless you have created a template or something creative to go with this. Anyone can sit a person in front of a television or radio or go for a walk. Do any of these things if they meet needs but they are not to be included in the Certification report as one of your activities. Mention them in your report, but they don't count as one intervention. You need to think harder than this. It doesn't mean this can't go into the schedule – but if you put it into the log, add another session. Also, if you decide to put someone into a large music program, or other large program, you need to tell me how this connects to the principles.

f) I have created a schedule/agenda for each person (and copied sample schedules to include in my report). If the person is late stage I may not have developed roles or a schedule for this client (for a variety of reasons) but I have created routines for staff to share with this person so they know there is something to look forward to.

g) I incorporated roles and routines into the agenda.

i) I KNOW WHAT A ROLE IS!

A role is a task – a job – that one would take on in any given day. For example:

- Greet people at meals
- Asks people to take a square of hand sanitizer
- Carpet sweep floors

- Wipe tables
- Set tables
- Make their bed

- Read to someone
- Give someone a hand massage
- Fold towels or other laundry items
- Clear tables
- Set up activities
- Clean up activities
- Say good night to other residents
- Read a good night prayer to another resident

ii) I have incorporated roles into the agenda/schedule so the client/resident has some routines that are filled with meaning and purpose.

4. If I created any task breakdown cues for my client(s) I have copied the sample and added it to my report.

5. I filled out all the paper work in the Record Keeping Log after each session.

6. At the end of each case I have prepared a summary of lessons learned.

7. I have prepared a 2 – 3 page report that provides an overall summary of my experiences.

8. I have led 3 separate small reading groups with 2 - 6 people (titles from the Carry on Reading Series are recommended as they follow the Montessori Principles).

All reports are confidential. To ensure anonymity please use initials of the person's name rather than full name.

If you have completed all of the above you are ready to register for a Certification session (check the DementiAbility website for dates and locations). If you are ready to sign up but no session is available, let us know by emailing us at Shelley@dementiability.com and we will arrange one.

The Certification Session

The Certification session is typically half a day.

Agenda

1. Quiz

a) Be prepared to write a quiz. The quiz is based on all the material presented in the workshop.

Reading the textbook Montessori Methods for Dementia™ Focusing on the Person and the Prepared Environment, written by Gail Elliot (2013), will help you with details you may have forgotten since attending the workshop. If you are interested in purchasing this book, you can go to our website and order online or call Leigh Ann to order by telephone (905-616-4044).

2. Demonstration of Cases

a) Each person in the session will be given about 5 minutes to present a case. We normally have each person present one case then we go around the room and each person presents a second case, until all three cases have been presented by everyone. It is important to bring samples of things you created (if possible). We want to see what you created and ask that you be prepared to share your successes with others. This is always a rich learning experience.

b) In addition to the three cases you will present, you will also be given one minute to share your observations about the reading group.

3. Discussion and Questions

4. Submit Reports – make sure your full name, address, phone number and email address is on each case.

Your Final Report:

Your final report must be handed in at the Certification session. It will be returned to you after it has been marked. Please be sure to put your mailing address on the front page of each case. Ask yourself whether you want it sent to your work address or home address and provide the details accordingly (in full).

Your Results:

Your final results will be communicated to you after everything has been graded.

Certification results are based on a “Successful” or “Re-do” grading system. If you do not meet the standards for Certification you will be asked to read through the comments on your report and re-submit.